



Memory Box

Knitting and Crochet Patterns



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Hello!



Thank you for your support in helping Simba Charity make such a huge difference to the families that receive our Memory Boxes.

We are so grateful to receive your knitted items, and to ensure that every family receives high quality and consistent items, all we ask is that you ensure the following: (BEARS/Blankets)

- Light colours and shades are used. We have created a handy colour wheel to help with this.
- Grey, Navy or Brown fine darning/mending wool or embroidery thread is preferred for the faces on the bears. However, if you only have black, please use fine darning/mending wool or embroidery thread or we suggest you split thicker wool into 2/3 strands.
- All one colour is used, plain not mixed please for bears.
- Satin ribbons are optional, if using, please ensure these are coordinated with the colour of the bear.
- No woollen scarfs please.
- Blankets – plain or random / self-striping for our blankets to be used.

We can only accept donations for memory boxes that fit the standards above and the patterns outlined in our knitting guide. If you have other items to donate, such as blankets of different sizes or colours, or baby clothes, please get in touch with your local hospital to see if they can accept them.

Please send your items to:

FAO Knitting

Simba Charity

Unit 7 Colliery Court

McSence Business Park

32 Sycamore Road

Mayfield

EH22 5TA





A huge shout out to our incredible Craft Group!

**This booklet would not have been possible
without their helping hands.**



Small Knitted Bear

Requirements:

- 3.75mm (UK9) or 4mm (UK8) knitting needles depending on your tension.
- Coloured yarn (not pink or blue)
- Ribbon 3mm

Please knit in matching pairs.

Finished size: 6-8cm tall

Every row, garter stitch

Whole teddy knitted in one piece.

Leg 1: cast on 4sts and work 8 rows, break yarn

Leg2: cast on 4sts and work 8 rows

Body: knit across all 8sts for 4 rows

Arms: cast on 4sts at beginning of next 2 rows (16sts)

Knit a further 4 rows

Cast off 4 sts at beginning of next 2 rows (8sts)

Head: work 24 rows on these 8sts

Arms: cast on 4sts at the beginning of next 2 rows (16sts)

knit a further 4 rows

cast off 4sts at beginning of next 2 rows (8sts)

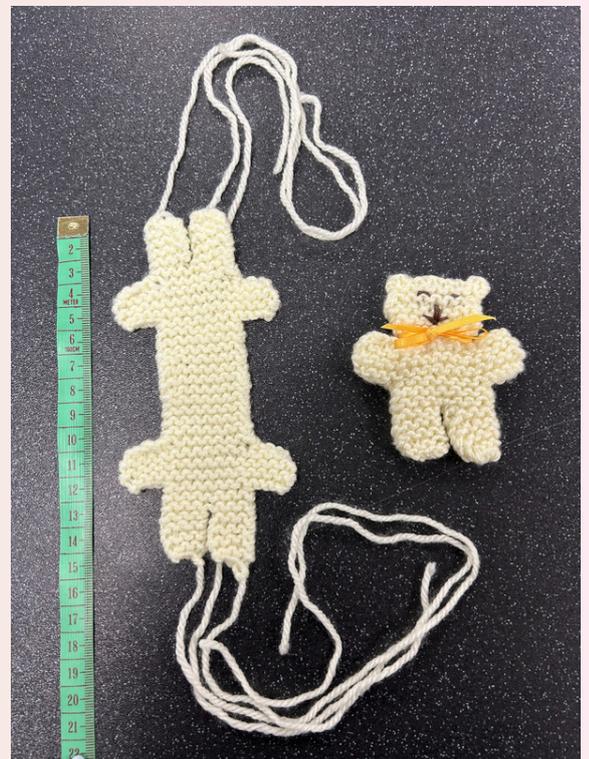
Body: knit across all 8sts for 4 rows

Legs: work on first 4sts for 8 rows, cast off

return to remaining 4sts work 8 rows, cast off

Making up

To finish, embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Fold bear in half and sew front and back of bear together, sew across corners of the head to form ears. No stuffing is required for small bears. Add ribbon bow using 3mm ribbon in a complimentary colour. Tie identical pairs together loosely.



Medium Knitted Bear

Requirements:

- 3.75mm (UK9) or 4mm (UK8) knitting needles depending on your tension.
- Coloured yarn
- Ribbon 6mm

Please knit in matching pairs.

Finished size: 12-14cm tall

Every row, garter stitch

Whole teddy knitted in one piece.

Leg 1: cast on 6sts and work 12 rows, break yarn

Leg2: cast on 6sts and work 12 rows

Body: knit across all 12sts for 8 rows

Arms: cast on 6sts at beginning of next 2 rows (24sts)

Knit a further 6 rows

Cast off 6sts at beginning of next 2 rows (12sts)

Head: work 30 rows on these 12sts

Arms: cast on 6sts at the beginning of next 2 rows (24sts)

knit a further 6 rows

cast off 6sts at beginning of next 2 rows (12sts)

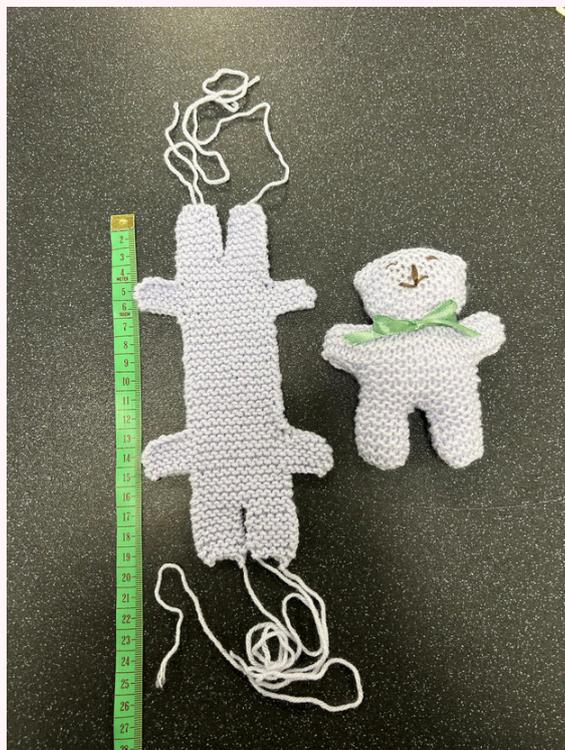
Body: knit across all 12sts for 8 rows

Legs: work on first 6sts for 12 rows, cast off

return to remaining 6sts work 12 rows, cast off

Making up

To finish, embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Fold bear in half and sew front and back of bear together, sew across corners of the head to form ears. Lightly stuff (leave a gap between the legs when sewing) run a stitch across the neck to gather. Add ribbon bow using 6mm ribbon. Tie identical pairs together loosely.



Large Knitted Bear

Requirements:

- 3.75mm (UK9) or 4mm (UK8) knitting needles depending on your tension.
- Coloured yarn
- Ribbon 10mm

Please knit in matching pairs.

Finished size: 18-20cm tall

Every row, garter stitch

Whole teddy knitted in one piece.

Leg 1: cast on 8sts and work 24 rows, break yarn

Leg2: cast on 8sts and work 24 rows

Body: knit across all 16sts for 16 rows

Arms: cast on 8sts at beginning of next 2 rows (32sts)

Knit a further 8 rows

Cast off 8sts at beginning of next 2 rows (16sts)

Head: work 50 rows on these 16sts

Arms: cast on 8sts at the beginning of next 2 rows (32sts)

knit a further 8 rows

cast off 8sts at beginning of next 2 rows (16sts)

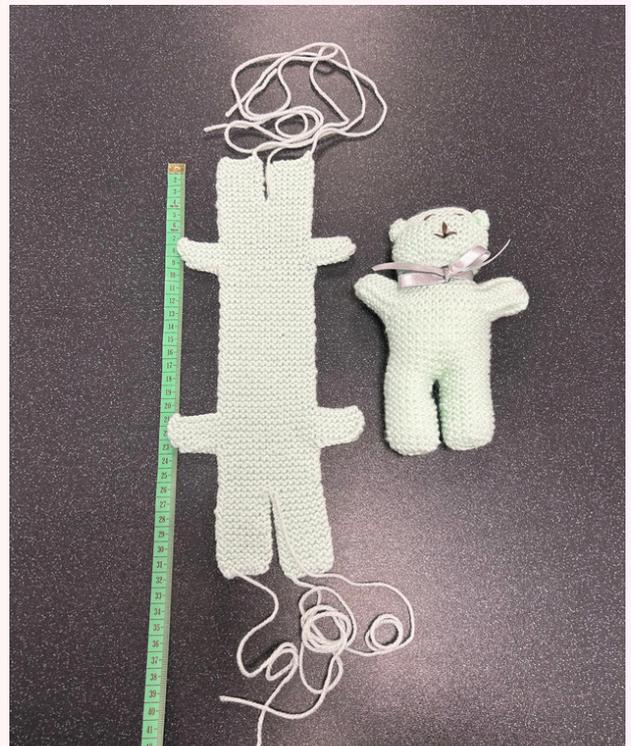
Body: knit across all 16sts for 16 rows

Legs: work on first 8sts for 24 rows, cast off

return to remaining 8sts work 24 rows, cast off

Making up

To finish, embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Fold bear in half and sew front and back of bear together, sew across corners of the head to form ears. Lightly stuff (leave a gap between the legs when sewing) run a stitch across the neck to gather. Add ribbon bow using 10mm ribbon. Tie identical pairs together loosely.





Small Butterfly Blanket

Requirements:

- Any DK yarn
- 4mm (UK8) knitting needles
- Finished size: 12cm x 10cm
- Using smaller needles and 4ply wool will result in smaller blankets

Cast on 30 stitches

Rows 1 - 4: knit

Row 5: Knit

Row 6: K4, P22, K4

Row 7: Knit

Row 8: K4, P22, K4

Row 9: Knit

Row 10: K4, P5, K3, P6, K3, P5, K4

Row 11: Knit

Row 12: K4, P4, K6, P2, K6, P4, K4

Row 13: Knit

Row 14: K4, P5, K5, P2, K5, P5, K4

Row 15: Knit

Row 16: K4, P4, K14, P4, K4

Row 17: Knit

Row 18: K4, P3, K16, P3, K4

Row 19: Knit

Row 20: K4, P2, K18, P2, K4

Row 21: Knit

Row 22: K4, P2, K7, P1, K2, P1, K7, P2, K4

Row 23: Knit

Row 24: K4, P2, K6, P6, K6, P2, K4

Row 25: Knit

Row 26: K4, P3, K3, P10, K3, P3, K4



Row 27: Knit

Row 28: K4, P22, K4

Row 29: Knit

Row 30: K4, P22, K4

Row 31: Knit

Row 32: Knit

Row 33: Knit

Row 34: Knit

Cast off

Small Lace Blanket

Requirements:

- Any DK yarn
- 3.75mm (UK9) knitting needles
- Finished size: 12cm x 10cm
- Using smaller needles and 4ply wool will result in smaller blankets



Cast on 30 stitches

Knit 4 rows

Lace Pattern:

Row 1: Knit to end

Row 2: K4, P22, K4

Row 3: K4, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 2 times, K4

Row 4: K4, P22, K4

Repeat above 4 rows until blanket measures 9cm ending on a row 4 (approx. 28 rows)

Knit 4 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/ stitch

P2tog = purl 2 stitches together

Small Knitted Blanket / Touched By You

Requirements:

- Any DK yarn
- 3.75mm (UK9) knitting needles
- Finished size: 12cm x 10cm
- Using smaller needles and 4ply yarn will result in smaller blankets
- This pattern can be used to create two Touched By You blankets at 14cm x 12cm

Cast on 30 stitches

Knit 4 rows

Next row (RS): Knit to end

Next row (WS): K4, P22, K4

Repeat above 2 rows until blanket measures 9cm ending on a WS row (approx. 28 rows)

Knit 4 rows

Cast off



Medium Lace Blanket / Touched By You

Requirements:

- Any DK yarn
- 4mm (UK8) knitting needles
- Finished size: 30cm x 25cm
- Using smaller needles and 4ply wool will result in smaller blankets
- This pattern can also be used to create two Touched By You blankets at 14cm x 12cm



Cast on 60 stitches

Knit 10 rows

Lace Pattern:

Row 1: Knit to end

Row 2: K8, P44, K8

Row 3: K8, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 4 times, K8

Row 4: K8, P44, K8

Repeat above 4 rows until blanket measures 22cm ending on a row 4 (approx. 60 rows)

Knit 10 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/stitch

P2tog = purl 2 stitches together

Medium Knitted Blanket

Requirements:

- Requirements: 4mm (UK8) knitting needles
- Any DK wool
- Finished size: 30cm x 25cm
- Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 60 stitches

Knit 10 rows

Next row (RS): Knit to end

Next row (WS): K10, P40, K10

Repeat above 2 rows until blanket measures 22cm ending on a

WS row (approx. 60 rows)

Knit 10 rows

Cast off



Large Knitted Blanket

Requirements:

- Requirements: 4mm (UK8) knitting needles
- Any DK wool
- Finished size: 40cm x 45cm
- Using smaller needles and 4ply wool will result in smaller blankets

Cast on 90 stitches

Knit 10 rows

Next row (RS): Knit to end

Next row (WS): K10, P70, K10

Repeat above 2 rows until blanket measures 42cm ending on a

WS row (approx. 140 rows)

Knit 10 rows

Cast off



Large Lace Blanket

Requirements:

- Requirements: 4mm (UK8) knitting needles
- Any DK wool
- Finished size: 40cm x 45cm
- Using smaller needles and 4ply wool will result in smaller blankets



Cast on 90 stitches

Knit 10 rows

Lace Pattern

Row 1: Knit to end

Row 2: K12, P66, K12

Row 3: K12, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 6 times, K12

Row 4: K12, P66, K12 Repeat above 4 rows until blanket measures 42cm ending on a row 4 (approx. 140 rows)

Knit 10 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/stitch

P2tog = purl 2 stitches together

Large Heart Pattern

Requirements:

- Requirements: 3.75mm (UK9) knitting needles
- Any DK wool
- Finished size: 40cm x 45cm
- Using smaller needles and 4ply wool will result in smaller blankets. Please check your tension as blankets that are too big will not fit in the memory boxes and unfortunately cannot be used.

Heart Pattern (15 sts over 16 rows):

Cast on 90 stitches

Row 1-10: Knit to end

Row 11 (RS): K9, Knit, K15, P4, K15, P4, K15, P4, K15, K9

Row 12 (WS): K9, P15, K4, P15, K4, P15, K4, P15, K9

Row 13: K9, K7, P1, K7, P4, K15, P4, K7, P1, K7, P4, K15, K9

Row 14: K9, P15, K4, P6, K1, P1, K1, P6, K4, P15, K4, P6, K1, P1, K1, P6, K9

Row 15: K9, K5 (P1, K1) x 2, P1, K5, P4, K15, P4, K5 (P1, K1) x 2, P1, K5, P4, K15, K9

Row 16: K9, P15, K4, P4 (K1, P1) x 3, K1, P4, K4, P15, K4, P4 (K1, P1) x 3, K1, P4, K9

Row 17: K9, K3 (P1, K1) x 4, P1, K3, P4, K15, P4, K3 (P1, K1) x 4, P1, K3, P4, K15, K9

Row 18: K9, P15, K4, P2 (K1, P1) x 5, K1, P2, K4, P15, K4, P2, (K1, P1) x 5, K1, P2, K9

Row 19: K9, K1 (P1, K1) x 6, P1, K1, P4, K15, P4 (P1, K1) x 6, P1, K1, P4, K15, K9

Row 20: K9, P15, P4, P2, (K1, P1) x 5, K1, P2, K4, P15, K4, P2 (K1, P1) x 5, K1, P2, K9

Row 21: K9, K1, (P1, K1) x 6, P1, K1, P4, K15, P4, K1 (P1, K1) x 6, P1, K1, P4, K15, K9

Row 22: K9, P15, K4, P2 (K1, P1) x 5, K1, P2, K4, P15, K4, P2, (K1, P1) x 5, K1, P2, K9

Row 23: K9, (K1, P1) x 3, K3, (P1, K1) x 3, P4, P15, P4, (K1, P1) x 3, K3, (P1, K1) x 3, P4, K15, K9

Row 24: K9, P15, K4, P2, K1, P1, K1, P5, K1, P1, K1, P2, K4, P15, K4, P2, K1, P1, P5, K1, P1, K1, P2, K9

Row 25: K9, K15, P4, K15, P4, K15, P4, K15, K9

Row 26: K9, P15, K4, P15, K4, P4, K4, P15, K9

Row 27: K9, P to the last 9 stitches, K9

Row 28: Knit to the end

Row 29: K9, P to the last 9 stitches, K9

Row 30: Knit to the end

Row 31: K9, K15, K4, K15, P4, K15, P4, K15, K9

Row 32: K9, P15, K4, P15, K4, P15, K4, P15, K9

Row 33: K9, K15, P4, K7, P1, K7, P4, K15, P4, K7, P1, K7, K9

Row 34: K9, P6, K1, P1, K1, P6, K4, P15, K4, P6, K1, P1, K1, P6, K4, P15, K9

Row 35: K9, K15, P4, K5, (P1, K1) x 2, P1, K5, P4, K15, P4, K5, (P1, K1) x 2, P1, K5, K9

Row 36: K9, P4, (K1, P1) x 3, K1, P4, K4, P15, K4, P4, (K1, P1) x 3, K1, P4, K4, P15, K9

Row 37: K9, K15, P4, K3, (P1, K1) x 4, P1, K3, P4, K15, P4, K3, (P1, K1) x 4, P1, K3, K9

Row 38: K9, P2, (K1, P1) x 5, K1, P2, K4, P15, K4, P2, (K1, P1) x 5, K1, P2, K4, P15, K9

Row 39: K9, K15, P4, K1, (P1, K1) x 6, P1, K1, P4, K15, P4, K1, (P1, K1) x 6, P1, K1, K9

Row 40: K9, P2, (K1, P1) x 5, K1, P2, K4, P15, K4, P2, (K1, P1) x 5, K1, P2, K4, P15, K9

Row 41: K9, K15, P4, K1, (P1, K1) x 6, P1, K1, P4, K15, P4, K1, (P1, K1) x 6, P1, K1, K9

Row 42: K9, P2, (K1, P1) x 5, K1, P2, K4, P15, K4, P2, (K1, P1) x 5, K1, P2, K4, P15, K9

Row 43: K9, K15, P4, (K1, P1) x 3, K3, (P1, K1) x 3, P4, K15, P4, (K1, P1) x 3, K3, (P1, K1) x 3, K9

Row 44: K9, P2, K1, P1, K1, P5, K1, P1, K1, P2, K4, P15, K4, P2, K1, P1, K1, P5, K1, P1, K1, P2, K4, P15, K9

Row 45: K9, K15, P4, K15, P4, K15, P4, K15, K9

Row 46: K9, P15, K4, P15, K4, P15, K4, P15, K9

Row 47: K9, P to the last 9, K9

Row 48: Knit to end

Row 49: K9, P to the last 9 stitches, K9

Row 50: Knit to end

Row 51 - 90: Repeat rows 11 - 50

Row 91 - 106: Repeat rows 11 - 26

Row 107 - 116: Knit 10 rows

Cast off





Crochet Blanket

Requirements:

- Any DK yarn
- 3.5mm hook
- Finished sizes:

Small 12cm x 10cm

Medium 30cm x 25cm

Large 40cm x 45cm

Touched By You 15cm x 15cm

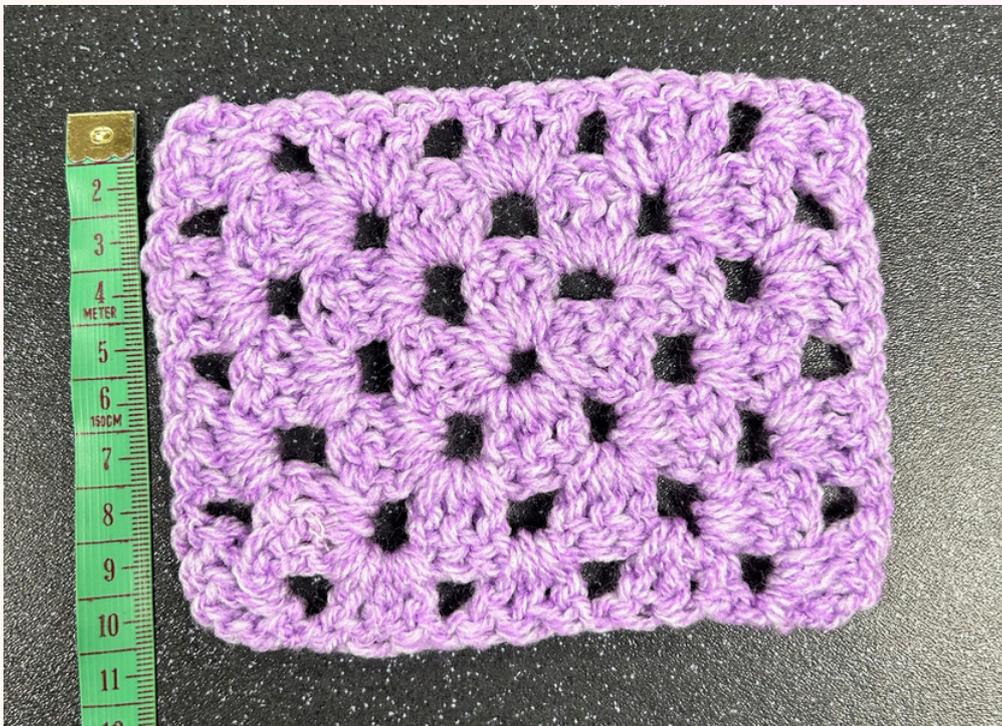
Row 1: 1tr into 3rd ch from hook (the missed sts are the 1st tr). 1 tr into each ch (21 sts). CH3 turn (the 3CH are the 1st tr of the next row).

Row 2: 1 tr into each tr of previous row. CH3 (turn) (21sts).

Repeat row 2 until work measures 4".

When work is required size, do not do 3CH but tie off.

Sew in ends.





Small Crochet Bear

Requirements:

- Coloured DK wool (not pink or blue)
- 2.75mm hook
- Ribbon 3mm



Please knit in matching pairs.

Finished size: 6-8cm tall

1. Start at the bottom of the right arm, chain 2+1 turning chain (3ch) turn
2. Now do 4 rows of 2 single crochets for the arm. Don't forget the turning chains to keep the teddy's straight line
3. When you have finished the 4 rows for the arm, chain 6+1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back 8 stitches
4. For the left leg chain 7+1 turning chain to the right. The whole row consists out of 2 chains for the arm + 6 chains for the head + 7 chains for the leg = 15 chains. Do 3 rows of single crochets over these 15 chains. Don't forget the turning chain
5. In this row just do 11 single crochet
6. Chain 4+1 turning chain for the right leg. Again do 3 rows of single crochets 15 stitches
7. In this row do 8 single crochets + 1 turning chain. Turn your work
8. Do 4 rows of single crochets over the 2 arm chains
9. Do one extra row of single crochets to fold your work over later on (for sewing up)
10. The second part of the bear has to be done the same way, start at point 2
11. If you have reached point 8 for the second time, your next part is finished
12. To finish, fold your work in half and sew around. Leave the top of the head open, turn inside out, embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Close the seam of the head. Pull a piece of yarn through the neck and pull tight to give a nice shape. Add ribbon, around the neck as a scarf. Please tie identical pairs together.

Medium Crochet Bear

Requirements:

- Coloured DK wool
- 3.75mm hook
- Ribbon 6mm

Please knit in matching pairs.

Finished size: 12-14cm tall



1. Start at the bottom of the right arm, chain 4+1 turning chain (5ch)
2. Do 6 rows of 4 single crochets for the arm, don't forget the turning chains to keep the teddy's straight line
3. When you have finished the 6 rows for the arm, chain 8+1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back
4. For the left leg chain 11+1 turning chain to the right. The whole row consists of 4 chains for the arm + 8 chains for the head + 11 chains for the leg = 23 chains. Now do 5 rows of single crochets over these 23 chains. Don't forget the turning chain
5. In this row just do 16 single crochet
6. Then chain 7+1 turning chain for the right leg. Again do 5 rows of single crochets 23 stitches
7. In this row just do 12 single crochets + 1 turning chain. Turn your work
8. Do 6 rows of single crochets over the 4 arm chains
9. Do one extra row of single crochets to fold your work over later on (for sewing up)
10. The second part of the bear has to be done in the same way, start at point 2
11. If you have reached point 8 for the second time, your next part is finished
12. To finish, fold your work in half and sew around. Leave the top of the head open, turn your work inside out. Embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Stuff it and close the seam of the head. Pull a piece of yarn through the neck and pull tight to give it a nice shape. Form the ears, fix them with a few stitches, add a ribbon for a scarf. Tie identical pairs together.

Large Crochet Bear

Requirements:

- Coloured DK wool
- 3.75mm hook
- Ribbon 10mm

Please knit in matching pairs.

Finished size: 18-20cm tall



1. Start at the bottom of the right arm, chain 6+1 turning chain (7ch)
2. Do 10 rows of 6 single crochets for the arm, don't forget the turning chains to keep the teddy's straight line
3. When you have finished the 10 rows for the arm, chain 12+1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back
4. For the left leg, chain 16+1 turning chain to the right. The whole row consists of 6 chains for the arm + 12 chains for the head + 16 chains for the leg = 34 chains altogether. Do 7 rows of single crochets over these 34 chains. Don't forget the turning chain
5. In this row just do 22 single crochet
6. Chain 12+1 turning chain for the right leg. Again do 7 rows of single crochets
7. In this row, do 18 single crochets + 1 turning chain. Turn your work.
8. Do 10 rows of single crochets over the 6 arm chains
9. Do one extra row of single crochets to fold your work over later on
10. The second part of the bear has to be done in the same way. Start at point 2
11. If you have reached part 8 for the second time, your next part is finished
12. To finish, fold your work in half and sew around. Leave the top of the head open, turn your work inside out. Embroider the face using darning wool/embroidery thread or 2/3 ply wool in grey, brown or fawn - no black. Stuff and close the seam of the head. Pull a piece of yarn through the neck and pull tight to give it a nice shape. Form the ears, fix them with a few stitches, add a ribbon for a scarf. Tie identical pairs together.

Crochet Butterflies - All Sizes

Requirements:

- Small: 2mm hook
- Medium: 3.5mm hook
- Large: 4mm hook
- Double knit wool any one colour (refer to our colour wheel)

1. CH6 and create a circle
2. Round 1: CH3 (counts as 1st tr), 1 TR into circle. *2CH, 2tr into circle (7 times). Join with a sl.st into the 1st loop (8 loops). Change the colour here if needed
3. Round 2: CH3. 4tr into the 1st loop. sl. st. into same loop. sl.st. into the next loop. *CH3. 4tr. sl.st. into the same loop. sl.st. into next loop. Continue from* until 7 loops worked. In 8th loop, CH3, 4tr, sl.st. into same loop, then CH8. Leave enough yarn to finish.
4. On reverse of work pull yarn end, this will close the centre and sew in
5. If the colour was changed after round 1, tie in ends
6. Fold butterfly in half and wrap 8ch piece around work. Join with a sl.st. Tie off
7. Antenna: take a piece of yarn about 2" and slip under chain. Knot them together





Thank you so much!



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