



# SIMBA

## *Memory Box Knitting and Crochet Patterns*

Responding to the needs of those affected by the loss of a baby [www.simbacharity.org.uk](http://www.simbacharity.org.uk)



**SIMBA**



Simpson's Memory Box Appeal ©



Our grateful thanks to Luke Archibald and Pat Boreham for donating their time and photography skills



## SiMBA is here to support anyone affected by the loss of a baby

SiMBA donates Memory Boxes, refurbishes family rooms and provides vital equipment for use in them and also delivers free bereavement study days. We install beautiful memorial Trees of Tranquillity, offer 'safe space' support groups, provide on-line support via our closed facebook pages and hold annual family friendly awareness events and Wave of Light services.

*"It's the handmade items that make every SiMBA Memory Box as unique as the baby that it honours. Volunteers donate all of the handmade items that are used in our SiMBA Memory Boxes. All of our Memory Boxes are made up by volunteers in our office in Mayfield, Midlothian. Put simply we couldn't do it without you; thank you for helping and for supporting SiMBA."*

**Sara Fitzsimmons, MBE, MBA, RM, CEO of SiMBA**

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The following pages contain examples of patterns for the items in our Memory Boxes. If you would like to use your own style or creativity then we would love to receive your items, as long as they are made to the correct sizes as indicated in this booklet. Here are just a few things to be aware of:

- Each medium and large Memory Box contains – 2 identical bears, 1 blanket, 2 butterflies and a pair of touched by you blankets
- Each small Memory Box contains – 2 identical bears, 1 blanket and 1 butterfly
- Please send in bears in matching pairs and add faces and ribbon/scarves to them if you can
- Please make up small items in neutral colours rather than pink or blue (as the sex of the baby is not always known), we can accept any colour of items for the medium and large sizes
- All items can be knitted or crochet except butterflies which must be crocheted. We will gratefully accept any handmade items as long as they meet the dimension specified
- All patterns use double knitting (DK) yarn
- Using smaller needles and 4ply wool will result in smaller blankets. Please check your tension as blankets that are too big will not fit in the Memory Boxes and unfortunately cannot be used
- It is important that you use the patterns in this booklet as these are the only items that we always use in our Memory Boxes
- Our craft group add our SiMBA buttons and labels when the handmade items arrive in the office

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### Where should I send my completed items?

Please send your items to:

Knitting / Crochet Donation  
SiMBA  
Suite 6+7 Colliery Court  
McSence Business Park  
32 Sycamore Road  
Mayfield, EH22 5TA

**For more information or to donate to support our work please visit our website [www.simbacharity.org.uk](http://www.simbacharity.org.uk)**

# Small Knitted Bear

Requirements : 2.75mm (UK12) knitting needles

Any DK wool

Please knit in matching pairs

Finished size: 6-8 cm tall

They are fine without any stuffing as they are so tiny

Every row knit – Garter stitch

To knit teddy (whole teddy knitted in one piece)

**Leg 1** Cast on 4st and work 8 rows - break yarn.

**Leg 2** Cast on 4st and work 8 rows

**Body** Knit across all 8st

Knit 3 more rows

**Arms** Cast on 4st at beginning of next 2 rows (16 sts)

Work 4 rows

Cast off 4st at beginning of next 2 rows (8 sts)

**Head** Work 22 rows on 8st

**Arms** Cast on 4st at beginning of next 2 rows (16 sts)

Work 4 rows

Cast off 4st at beginning of next 2 rows (8 sts)

**Body** Knit across all 8st

Knit 3 more rows

**Legs** Work on first 4st only, work 8 rows. Cast off.

Return to remaining 4 stitches and work 8 rows. Cast off.

## Making Up

To finish the bear, embroider the face. Sew front and back of bear together. Sew across corners of the head to form ears. Add a ribbon, small crochet chain or a piece of wool as a scarf. Place around the bears neck and tie in a bow. Please tie identical bears loosely together.

\*Please note that we have been given permission by The Tigerlily Trust to use and share this pattern for SIMBA use only\*





## Small Crochet Bear

Requirements: 2.75 mm hook

Any DK wool

Please knit in matching pairs

Finished size: 6-8 cm tall

They are fine without any stuffing as they are so tiny

1. Start here at the bottom of the right arm, Chain 2 + 1 turning chain (3ch) turn.
2. Now do 4 rows of 2 single crochets for the arm. Don't forget the turning chains, to keep the teddy's straight line.
3. When you have finished the 4 rows for the arm, chain 6 + 1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back 8 stitches.
4. For the left leg chain 7 + 1 turning chain to the right. The whole row consists out of 2 chains for the arm + 6 chains for the head + 7 chains for the leg = 15 chains altogether. Do now 3 rows of single crochets over these 15 chains. Don't forget the turning chain.
5. In this row just do 11 single crochet.
6. Then chain 4 + 1 turning chain for the right leg. Again do 3 rows of single crochets 15 stitches
7. In this row just do 8 single crochets + 1 turning chain. Turn your work.
8. Now do 4 rows of single crochets over the 2 arm chains.
9. Do one extra row of single crochets to fold your work over later on. (for sewing up)
10. The second part of the bear has to be done in the same way. Start at point 2
11. If you have reached point 8 for the second time then your next part is finished.
12. To finish the bear, fold your work in half and sew around. Leave the top of the head open, turn your work inside out, add features to face, close the seam of the head. Pull a piece of yarn through the neck and pull it tight to give it a nice shape. Form the ears, fix them with a few stitches. Add a ribbon, small crochet chain or a piece of wool as a scarf. Place around the bears neck and tie in a bow.
13. Now your teddy is finished.
14. Please tie identical pairs together loosely.

# Small Butterfly Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 12.5cm x 10cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 30 stitches

Row 1: (K2, P2) 7 times, K2

Row 2: (P2, K2) 7 times, P2

Row 3: (K2, P2) 7 times, K2

Row 4: (P2, K2) 7 times, P2

Row 5: K2, P2, K22, P2, K2

Row 6: P2, K2, P22, K2, P2

Row 7: K2, P2, K22, P2, K2

Row 8: P2, K2, P22, K2, P2

Row 9: K2, P2, K22, P2, K2

Row 10: P2, K2, P5, K3, P6, K3, P5, K2, P2

Row 11: K2, P2, K22, P2, K2

Row 12: P2, K2, P4, K6, P2, K6, P4, K2, P2

Row 13: K2, P2, K22, P2, K2

Row 14: P2, K2, P5, K5, P2, K5, P5, K2, P2

Row 15: K2, P2, K22, P2, K2

Row 16: P2, K2, P4, K14, P4, K2, P2

Row 17: K2, P2, K22, P2, K2

Row 18: P2, K2, P3, K16, P3, K2, P2

Row 19: K2, P2, K22, P2, K2

Row 20: P2, K2, P2, K18, P2, K2, P2

Row 21: K2, P2, K22, P2, K2

Row 22: P2, K2, P2, K7, P1, K2, P1, K7, P2, K2, P2

Row 23: K2, P2, K22, P2, K2

Row 24: P2, K2, P2, K6, P6, K6, P2, K2, P2

Row 25: K2, P2, K22, P2, K2

Row 26: P2, K2, P3, K3, P10, K3, P3, K2, P2

Row 27: K2, P2, K22, P2, K2

Row 28: P2, K2, P22, K2, P2

Row 29: K2, P2, K22, P2, K2

Row 30: P2, K2, P22, K2, P2

Row 31: (K2, P2) 7 times, K2

Row 32: (P2, K2) 7 times, P2

Row 33: (K2, P2) 7 times, K2

Row 34: (P2, K2) 7 times, P2

Cast off





# Small Knitted Blanket

Requirements: 3.75mm (UK9) knitting needles

Any DK wool

Finished size: 12.5cm x 10cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 30 stitches

Knit 4 rows

Next row (RS): Knit to end

Next row (WS): K4, P22, K4

Repeat above 2 rows until blanket measures 9cm ending on a WS row (approx. 28 rows)

Knit 4 rows

Cast off



## Small Lace Blanket

Requirements: 3.75mm (UK9) knitting needles

Any DK wool

Finished size: 12.5cm x 10cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 30 stitches

Knit 4 rows

### Lace Pattern:

Row 1: Knit to end

Row 2: K4, P22, K4

Row 3: K4, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 2 times, K4

Row 4: K4, P22, K4

Repeat above 4 rows until blanket measures 9cm ending on a row 4 (approx. 28 rows)

Knit 4 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/ stitch

P2tog = purl 2 stitches together



## Small Crochet Blanket

Requirements: 3.5mm hook

DK wool

Cast on 22sts loosely.

Row 1: 1 tr into 3rd ch from hook (the missed sts are the 1st tr). 1 tr into each ch (21 sts). CH3 turn (the 3CH are the 1st tr of the next row).

Row 2: 1 tr into each tr of previous row. CH3 (turn) (21sts).

Repeat row 2 until work measures 4".

When work is required size, do not do 3CH but tie off.

Sew in ends.





# Medium Lace Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 30cm x 25cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 60 stitches

Knit 10 rows

## Lace Pattern:

Row 1: Knit to end

Row 2: K8, P44, K8

Row 3: K8, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 4 times, K8

Row 4: K8, P44, K8

Repeat above 4 rows until blanket measures 22cm ending on a row 4 (approx. 60 rows)

Knit 10 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/stitch

P2tog = purl 2 stitches together



# Medium Square Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 30cm x 25cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 61 stitches

Row 1-6: Knit to end

Row 7 (RS): K5, K15, P3, K15, P3, K15, K5

Row 8 (WS): K5, P15, K3, P15, K3, P15, K5

Row 9-22: Repeat rows 7 & 8, 7 times

Row 23: K5, P to last 5 sts, K5

Row 24: Knit to end

Row 25: K5, P to last 5 sts, K5

Row 26: Knit to end

Row 27: K5, K15, P3, K15, P3, K15, K5

Row 28: K5, P15, K3, P15, K3, P15, K5

Row 29: K5, K15, P3, K7, P1, K7, P3, K15, K5

Row 30: K5, P15, K3, P6, K1, P1, K1, P6, K3, P15, K5

Row 31: K5, K15, P3, K5, (P1, K1) twice, P1, K5, P3, K15, K5

Row 32: K5, P15, K3, P4, (K1, P1) 3 times, K1, P4, K3, P15, K5

Row 33: K5, K15, P3, K3, (P1, K1) 4 times, P1, K3, P3, K15, K5

Row 34: K5, P15, K3, P2, (K1, P1) 5 times, K1, P2, K3, P15, K5

Row 35: K5, K15, P3, K1, (P1, K1) 6 times, P1, K1, P3, K15, K5

Row 36: As Row 34

Row 37: As Row 35

Row 38: As Row 34

Row 39: K5, K15, P3, (K1, P1) 3 times, K3, (P1, K1) 3 times, P3, K15, K5

Row 40: K5, P15, K3, P2, K1, P1, K1, P5, K1, P1, K1, P2, K3, P15, K5

Row 41: K5, K15, P3, K15, P3, K15, K5

Row 42: K5, P15, K3, P15, K3, P15, K5

Row 43-46: As Rows 23-26

Row 47-61: As Rows 7-21

Row 62-67: Knit to end

Cast off



# Medium Basket Weave Blanket

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Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 30cm x 25cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 60 stitches

Knit 10 rows

Row 1 (RS): K5, (K5, P5) 5 times, K5

Row 2 (WS): K5, (K5, P5) 5 times, K5

Row 3: As Row 1

Row 4: As Row 2

Row 5: As Row 1

Row 6: K5, (P5, K5) 5 times, K5

Row 7: K5, (P5, K5) 5 times, K5

Row 8: As Row 6

Row 9: As Row 7

Row 10: As Row 6

Repeat above 10 rows until 60 rows of pattern have been completed

Knit 10 rows

Cast off



# Medium Knitted Blanket

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Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 30cm x 25cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 60 stitches

Knit 10 rows

Next row (RS): Knit to end

Next row (WS): K10, P40, K10

Repeat above 2 rows until blanket measures 22cm ending on a WS row (approx. 60 rows)

Knit 10 rows

Cast off





# Medium Knitted Bear

Requirements : 4 mm knitting needles

Any DK wool

Please knit in matching pairs

Finished size: 12-14 cm tall

Every row knit - Garter stitch



## To knit teddy (whole teddy knitted in one piece)

**Leg 1** Cast on 6 stitches and work 12 rows - break off yarn

**Leg 2** Cast on 6 stitches and work 12 rows

**Body** Knit across all 12 stitches

Knit 6 more rows

**Arms** Cast on 6 stitches at the beginning of next 2 rows (24 sts)

Work 6 rows

Cast off 6 stitches at beginning of next 2 rows (12 sts)

**Head** Work 28-30 rows on 12 stitches

**Arms** Cast on 6 stitches at the beginning of next 2 rows (24 sts)

Work 6 rows

Cast off 6 stitches at beginning of next 2 rows (12 sts)

**Body** Knit across all 12 stitches

Knit 6 more rows

**Legs** Work on first 6 stitches only, work 12 rows. Cast off.

Work 12 rows on remaining 6 stitches. Cast off.

## Making up

Fold knitted piece in half lengthways. The fold becomes the top of the head.

Join seam around teddy, leave side of head open.

Sew a couple of stitches to each corner of the top of the head to give the ears a curved rather than pointy shape. Backstitch a diagonal line across corner of head to form ears.

Join side seam and stuff then stuff and slip stitch closed area left for stuffing. Embroider face on teddy.

Take double thickness of yarn and thread around neck, going in every few stitches (making sure there are no loops that little fingers can get into). Draw up yarn tightly to form neck and secure ends. Add ribbon or scarf. Please tie identical pairs together loosely.

## Optional scarf

Cast on 60 stitches. Knit 6 rows then cast off.



# Medium Crochet Bear

Requirements: 3.75 mm hook

Any DK wool

Please knit in matching pairs

Finished size: 12-14 cm tall



1. Start here at the bottom of the right arm, Chain 4 + 1 turning chain (5ch).
2. Now do 6 rows of 4 single crochets for the arm. Don't forget the turning chains, to keep the teddy's straight line.
3. When you have finished the 6 rows for the arm, chain 8 + 1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back.
4. For the left leg chain 11 + 1 turning chain to the right. The whole row consists out of 4 chains for the arm + 8 chains for the head + 11 chains for the leg = 23 chains altogether. Do now 5 rows of single crochets over these 23 chains. Don't forget the turning chain.
5. In this row just do 16 single crochet.
6. Then chain 7 + 1 turning chain for the right leg. Again do 5 rows of single crochets 23 stitches
7. In this row just do 12 single crochets + 1 turning chain. Turn your work.
8. Now do 6 rows of single crochets over the 4 arm chains.
9. Do one extra row of single crochets to fold your work over later on. (for sewing up)
10. The second part of the bear has to be done in the same way. Start at point 2
11. If you have reached point 8 for the second time then your next part is finished.
12. To finish the bear, fold your work in half and sew around. Leave the top of the head open, turn your work inside out, add features to face, stuff it carefully and close the seam of the head. Pull a piece of yarn through the neck and pull it tight to give it a nice shape. Form the ears, fix them with a few stitches. Add a ribbon or small crochet chain for scarf.
13. Now your teddy is finished.
14. Please tie identical pairs together loosely.

# Crochet Butterflies all sizes

Small, Medium, Large

Requirements:

Small butterfly 1.75mm hook

Medium butterfly 3.5mm hook

Large butterfly 5mm hook

Double knit wool

CH6 and create a circle.

Round 1: CH3 (counts as 1st tr), 1 TR into circle.  
\*2 CH, 2 tr into circle (7 TIMES). Join with a sl.st.  
into the 1st loop (8 loops). Change colour here if  
needed.

Round 2: CH3. 4tr into 1st loop. sl. st. into same  
loop. sl.st. into the next loop. \*CH3. 4tr. sl.st. into  
the same loop. sl.st. into next loop. Continue from \*  
until 7 loops worked. In 8th loop, CH3, 4tr, sl.st. into  
same loop, then CH8. Leave enough yarn to finish.

On reverse of work pull yarn end, this will close the  
centre and sew in.

If colour was changed after round 1, tie in ends.

Fold butterfly in half and wrap 8ch piece around  
work. Join with a sl.st. Tie off.

Antenna: Take a piece of yarn about 2" and slip  
under chain. Knot them together.





# Large Crochet Bear

Requirements: 3.75 mm hook

Any DK wool

Please knit in matching pairs

Finished size: 18-20 cm tall

1. Start here at the bottom of the right arm, Chain 6 + 1 turning chain (7ch).
2. Now do 10 rows of 6 single crochets for the arm. Don't forget the turning chains, to keep the teddy's straight line.
3. When you have finished the 10 rows for the arm, chain 12 + 1 turning chain to the left for the head. Turn, skip over the turning chain and crochet back.
4. For the left leg chain 16 + 1 turning chain to the right. The whole row consists out of 6 chains for the arm + 12 chains for the head + 16 chains for the leg = 34 chains altogether. Do now 7 rows of single crochets over these 34 chains. Don't forget the turning chain.
5. In this row just do 22 single crochet.
6. Then chain 12 + 1 turning chain for the right leg. Again do 7 rows of single crochets
7. In this row just do 18 single crochets + 1 turning chain. Turn your work.
8. Now do 10 rows of single crochets over the 6 arm chains.
9. Do one extra row of single crochets to fold your work over later on.
10. The second part of the bear has to be done in the same way. Start at point 2
11. If you have reached point 8 for the second time then your next part is finished.
12. To finish the bear, fold your work in half and sew around. Leave the top of the head open, turn your work inside out, add features to face, stuff it carefully and close the seam of the head. Pull a piece of yarn through the neck and pull it tight to give it a nice shape. Form the ears, fix them with a few stitches and embroider the face. Add a ribbon or small crochet chain for scarf.
13. Now your teddy is finished.
14. Please tie identical pairs together loosely.



# Large Fin bear

Requirements : 4 mm knitting needles

Any DK wool

Please knit in matching pairs

Finished size: 18-20 cm tall

Knitted in stocking stitch.



**Head/body/legs** Knitted in one piece beginning with the head.

**Head** Cast on 16 sts. Knit 46 rows in stocking stitch.

**Increase for body** Cast on 8 sts at the beginning of next 2 rows. (32 sts on needle) Knit 26 rows.

**Divide for legs** Knit 16 sts. Slip remaining sts onto stitch holder (or large safety pin) Knit a further 19 rows on first set of stitches. Knit 2 together across row. Break yarn, thread end through stitches and take off the knitting needle. Right side facing, rejoin yarn for second leg. Knit 20 rows. Knit 2 together across row. Break yarn, thread end through stitches and take off the knitting needle.

**Arms. Knit two** Cast on 14 sts. knit 18 rows. Knit 2 together across row. Break yarn, thread end through stitches and take off the knitting needle.

**Muzzle** Cast on 24 sts. Knit 4 rows. Knit 2 together across row. Break yarn, thread end through stitches and take off the knitting needle.

## To make up

Fold head section in half (right sides together, down towards body). Join side head seams. Sew up leg seams and back body seam. Turn right side out.

Form ears by stitching lines of running stitches across the top corners of head – round the ears by tucking in the corner and securing with a stitch.

Stuff legs. Sew lines of running stitch from crotch to side of body at a slight angle.

Stuff body and head then sew up seam at back of neck.

Sew a line of gathering stitches in same yarn around neck – starting and finishing at the back. Pull up tightly and secure.

**Muzzle** Pull up yarn through the sts. tightly and sew seam. Position muzzle on head just above neck. Stuff lightly and stitch in place.

**Arms** Sew arm seams. Turn right side out. Stuff and sew to body just below the neck.

**Face** Using black wool make eyes just above muzzle spaced three rows apart. Make nose just above pulled up stitches of muzzle with mouth underneath. Tie ribbon round neck.

Please tie identical pairs together loosely.

# Large Knitted Bear

Requirements : 4 mm knitting needles

Any DK wool

Please knit in matching pairs

Finished size: 18-20 cm tall

Every row knit - Garter stitch



## To knit teddy (whole teddy knitted in one piece)

**Leg 1** Cast on 8 stitches and work 16 rows - break off yarn

**Leg 2** Cast on 8 stitches and work 16 rows

**Body** Knit across all 16 stitches

Knit 8 more rows

**Arms** Cast on 8 stitches at the beginning of next 2 rows (32 sts)

Work 8 rows

Cast off 8 stitches at beginning of next 2 rows (16 sts)

**Head** Work 38 rows on 16 stitches

**Arms** Cast on 8 stitches at the beginning of next 2 rows (32 sts)

Work 8 rows

Cast off 8 stitches at beginning of next 2 rows (16 sts)

**Body** Knit across all 16 stitches

Knit 8 more rows

**Legs** Work on first 8 stitches only, work 16 rows. Cast off.

Return to remaining 8 stitches and work 16 rows. Cast off.

## Making up

Fold knitted piece in half lengthways. The fold becomes the top of the head.

Join seam around teddy, leave side of head open.

Sew a couple of stitches to each corner of the top of the head to give the ears a curved rather than pointy shape. Turn right side out. Backstitch a diagonal line across corner of head to form ears. Add features to face.

Stuff and slip stitch closed area left for stuffing.

Take double thickness of yarn and thread around neck, going in every few stitches (making sure there are no loops that little fingers can get into). Draw up yarn tightly to form neck and secure ends. Add ribbon or scarf. Please tie identical pairs together loosely.

## Optional scarf

Cast on 60 stitches. Knit 6 rows then cast off.



# Large Basket Weave Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished sizes 40cm x 45cm

Using smaller needles and 4ply wool will result in smaller blankets.

Created by Adeline Patrick

Cast on 90 stitches.

Knit 10 rows garter stitch. (every row knit).

\*knit 10 stitches at beginning and end of every row to make the border.

Knit 10 (purl 10, knit 10) until the last 10 stitches knit 10.

Knit 10 (knit 10, purl 10) until the last 10 stitches knit 10.

\*repeat the last two rows four times = 10 rows.

Knit 10 (knit 10, purl 10) until the last 10 stitches knit 10.

Knit 10 (purl 10, knit 10) until the last 10 stitches knit 10.

\*repeat the last two rows four times = 10 rows.

Repeat the last 20 rows 6 times = 140 rows.

Knit 10 rows.

Cast off.



# Large Knitted Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 40cm x 45cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 90 stitches

Knit 10 rows

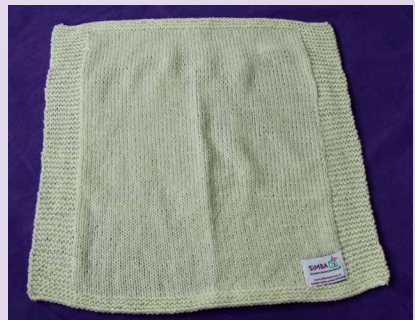
Next row (RS): Knit to end

Next row (WS): K10, P70, K10

Repeat above 2 rows until blanket measures 42cm ending on a WS row (approx. 140 rows)

Knit 10 rows

Cast off



# Large Lace Blanket

Requirements: 4mm (UK8) knitting needles

Any DK wool

Finished size: 40cm x 45cm

Using smaller needles and 4ply wool will result in smaller blankets.

Cast on 90 stitches

Knit 10 rows

## Lace Pattern

Row 1: Knit to end

Row 2: K12, P66, K12

Row 3: K12, [P2tog twice, (YO, K1) 3 times, yrnd, P2tog twice] 6 times, K12

Row 4: K12, P66, K12

Repeat above 4 rows until blanket measures 42cm ending on a row 4 (approx. 140 rows)

Knit 10 rows

Cast off

YO = yarn over needle

YRND = yarn round needle to create a loop/stitch

P2tog = purl 2 stitches together



# Large 20 Square Blanket

Requirements: 3.75mm (UK9) knitting needles

Any DK wool

Finished size: 40cm x 45cm

Using smaller needles and 4ply wool will result in smaller blankets. Please check your tension as blankets that are too big will not fit in the memory boxes and unfortunately cannot be used.

## Heart Pattern (15 sts over 16 rows):

Row 1: Knit to end

Row 2: Purl to end

Row 3: K7, P1, K7

Row 4: P6, K1, P1, K1, P6

Row 5: K5, (P1, K1) twice, P1, K5

Row 6: P4, (K1, P1) 3 times, K1, P4

Row 7: K3, (P1, K1) 4 times, P1, K3

Row 8: P2, (K1, P1) 5 times, K1, P2

Row 9: K1, (P1, K1) 6 times, P1, K1

Row 10: As Row 8

Row 11: As Row 9

Row 12: As Row 8

Row 13: (K1, P1) 3 times, K3, (P1, K1) 3 times

Row 14: P2, K1, P1, K1, P5, K1, P1, K1, P2

Row 15: Knit to end

Row 16: Purl to end

Cast on 90 stitches

Row 1-10: Knit to end

Row 11 (RS): K9, Knit row 1 of heart pattern, P4, K15, P4, Knit row 1 of heart pattern, P4, K15, K9

Row 12 (WS): K9, P15, K4, Knit row 2 of heart pattern, K4, P15, K4, Knit row 2 of heart pattern, K9

Row 13: K9, Knit row 3 of heart pattern, P4, K15, P4, Knit row 3 of heart pattern, P4, K15, K9

Row 14: K9, P15, K4, Knit row 4 of heart pattern, K4, P15, K4, Knit row 4 of heart pattern, K9

Row 15: K9, Knit row 5 of heart pattern, P4, K15, P4, Knit row 5 of heart pattern, P4, K15, K9

Row 16: K9, P15, K4, Knit row 6 of heart pattern, K4, P15, K4, Knit row 6 of heart pattern, K9

Row 17: K9, Knit row 7 of heart pattern, P4, K15, P4, Knit row 7 of heart pattern, P4, K15, K9

Row 18: K9, P15, K4, Knit row 8 of heart pattern, K4, P15, K4, Knit row 8 of heart pattern, K9

Row 19: K9, Knit row 9 of heart pattern, P4, K15, P4, Knit row 9 of heart pattern, P4, K15, K9

Row 20: K9, P15, K4, Knit row 10 of heart pattern, K4, P15, K4, Knit row 10 of heart pattern, K9

Row 21: K9, Knit row 11 of heart pattern, P4, K15, P4, Knit row 11 of heart pattern, P4, K15, K9

Row 22: K9, P15, K4, Knit row 12 of heart pattern, K4, P15, K4, Knit row 12 of heart pattern, K9





Row 23: K9, Knit row 13 of heart pattern, P4, K15, P4, Knit row 13 of heart pattern, P4, K15, K9  
 Row 24: K9, P15, K4, Knit row 14 of heart pattern, K4, P15, K4, Knit row 14 of heart pattern, K9  
 Row 25: K9, Knit row 15 of heart pattern, P4, K15, P4, Knit row 15 of heart pattern, P4, K15, K9  
 Row 26: K9, P15, K4, Knit row 16 of heart pattern, K4, P15, K4, Knit row 16 of heart pattern, K9  
 Row 27: K9, Purl to last 9 sts, K9  
 Row 28: Knit to end  
 Row 29: K9, Purl to last 9 sts, K9  
 Row 30: Knit to end  
 Row 31: K9, K15, P4, Knit row 1 of heart pattern, P4, K15, P4, Knit row 1 of heart pattern, K9  
 Row 32: K9, Knit row 2 of heart pattern, K4, P15, K4, Knit row 2 of heart pattern, K4, P15, K9  
 Row 33: K9, K15, P4, Knit row 3 of heart pattern, P4, K15, P4, Knit row 3 of heart pattern, K9  
 Row 34: K9, Knit row 4 of heart pattern, K4, P15, K4, Knit row 4 of heart pattern, K4, P15, K9  
 Row 35: K9, K15, P4, Knit row 5 of heart pattern, P4, K15, P4, Knit row 5 of heart pattern, K9  
 Row 36: K9, Knit row 6 of heart pattern, K4, P15, K4, Knit row 6 of heart pattern, K4, P15, K9  
 Row 37: K9, K15, P4, Knit row 7 of heart pattern, P4, K15, P4, Knit row 7 of heart pattern, K9  
 Row 38: K9, Knit row 8 of heart pattern, K4, P15, K4, Knit row 8 of heart pattern, K4, P15, K9  
 Row 39: K9, K15, P4, Knit row 9 of heart pattern, P4, K15, P4, Knit row 9 of heart pattern, K9  
 Row 40: K9, Knit row 10 of heart pattern, K4, P15, K4, Knit row 10 of heart pattern, K4, P15, K9  
 Row 41: K9, K15, P4, Knit row 11 of heart pattern, P4, K15, P4, Knit row 11 of heart pattern, K9  
 Row 42: K9, Knit row 12 of heart pattern, K4, P15, K4, Knit row 12 of heart pattern, K4, P15, K9  
 Row 43: K9, K15, P4, Knit row 13 of heart pattern, P4, K15, P4, Knit row 13 of heart pattern, K9  
 Row 44: K9, Knit row 14 of heart pattern, K4, P15, K4, Knit row 14 of heart pattern, K4, P15, K9  
 Row 45: K9, K15, P4, Knit row 15 of heart pattern, P4, K15, P4, Knit row 15 of heart pattern, K9  
 Row 46: K9, Knit row 16 of heart pattern, K4, P15, K4, Knit row 16 of heart pattern, K4, P15, K9  
 Row 47: K9, Purl to last 9 sts, K9  
 Row 48: Knit to end  
 Row 49: K9, Purl to last 9 sts, K9  
 Row 50: Knit to end  
 Row 51-90: Repeat rows 11-50  
 Row 91-106: Repeat rows 11-26  
 Rows 107-116: Knit to end  
 Cast off



# Touched by You blankets

Pattern for knitting a simple 6 inch square

1 Cast on 40 stitches using 4mm knitting needles and double knitting wool

2 Knit in garter stitch until the square measures 6 inches

3 An easy way to measure if the square is the right length is to fold the knitting in half diagonally and if all the sides meet, then the square should be the right size

Knitting needles: 4mm knitting needles equate to size 6 USA and size 8 UK

**Please note that any pattern and any colour can be used for our touched by your blankets, but we need you to send them to us in identical pairs.**



*Touched By You*



**SIMBA**   
Simpson's Memory Box Appeal

For contact details please visit  
[www.simbacharity.org.uk](http://www.simbacharity.org.uk)  
Scottish Registered Charity Number SC038243

*Touched by You*

"Two blankets crafted with love, one to embrace your baby and one for you to keep close. When the time comes to say goodbye, swap the blankets and you will have something that has touched your baby and your baby will have something with them that has been touched by you."

[www.simbacharity.org.uk](http://www.simbacharity.org.uk)



“

I am part of the SiMBA Craft Group, we meet every week to sew labels on blankets, add buttons on teddies and do any other sewing or knitting jobs that are required. I also knit blankets and teddies to go in the SiMBA Memory Boxes. I love being a volunteer and have met so many lovely people since 2015 in the office and those who have joined the craft group, all of whom I consider to be my friends. I do like to chat to people that I meet about SiMBA and many have asked for patterns to knit items for the charity. It is an honour to be part of a group helping bereaved families and we are always looking for new members to join so why not come along? Just visit [www.simbacharity.org.uk](http://www.simbacharity.org.uk) or join the SiMBA Craft Group on Facebook

**Jean Somerville**

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*“Our baby was taken away with the small blanket and I have the other one. It is such a comfort for me to have.”*



The picture above, taken in February 2020, shows some of the volunteers in the SiMBA craft group



This brochure has been supported by Cala Homes



Design by thefifthhouse.co.uk

**Fifth House**

For contact details please visit  
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SiMBA, Simpsons Memory Box Appeal



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